

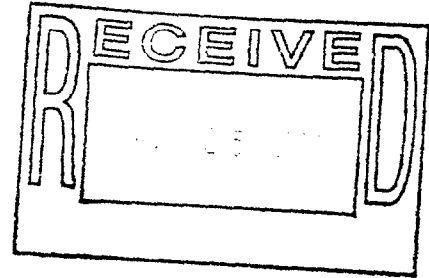
2130  
JARROW FORMULAS, INC.  
SUPERIOR NUTRITION  
AND FORMULATION

1824 South Robertson Boulevard  
Los Angeles, CA 90035-4317  
(310) 204-6936  
Toll Free (800) 726-0886  
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JARROW  
FORMULAS

Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229

July 25, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

"An important co-factor for energy production from fats" – L-Carnitine is an amino acid found in high concentrations in human heart and liver tissue, where it participates in metabolizing fatty acids into energy by the mitochondria. L-Carnitine Tartrate is a superior, stabilized form. L-Carnitine works synergistically with CO-Q10, an antioxidant found in the inner membrane of the mitochondria.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

L-carnitine tartrate

**(4) Name of the dietary supplement(s)**

L-Carnitine 250. (100 and 250 capsule counts)

L-Carnitine 500. (50 and 100 capsule counts)

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)

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LE+ 5782

979 0162